

December



GARDENA ENVIRONMENTAL CHARTER LNE - Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
November 27, 2017	November 28, 2017	November 29, 2017	November 30, 2017	December 1, 2017
				TERIYAKI CHICKEN W/FRIED RICE Breadstick ^ BEAN & CHEESE BURRITO ^ Taco Sauce Fresh Fruit Salad Bar Selections Mixed Greens Salad Fresh Spinach Leaves Jicama Sticks Cauliflower Florets Fresh Grape Tomatoes Cucumber Coins Light Ranch Dressing Mayonnaise Choice of Milk ICE
December 4, 2017	December 5, 2017	December 6, 2017	December 7, 2017	December 8, 2017
PIZZA DIPPERS ^ Marinara Dipping Sauce TURKEY HAM & CHEESE SANDWICH ^ Mustard Diced Pears Salad Bar Selections Mixed Greens Salad Fresh Spinach Leaves Carrot Sticks Jicama Sticks Cucumber Coins Cauliflower Florets Shredded Cheddar Cheese Light French Dressing Choice of Milk ICE	POPCORN CHICKEN BBQ Sauce CHILI Diced Peaches Corn Muffin ^ Salad Bar Selections Mixed Greens Salad Fresh Grape Tomatoes Onions Jicama Sticks Carrot Sticks Crunchy Celery Sticks Light French Dressing Choice of Milk ICE	BEAN & CHEESE BURRITO ^ Taco Sauce HOT DOG Potato Rounds Ketchup Mustard Hot Dog Bun Fresh Fruit Salad Bar Selections Mixed Greens Salad Diced Tomatoes Black Beans Cucumber Coins Cauliflower Florets Jalapenos Light French Dressing Choice of Milk ICE	CHICKEN TENDERS Potato Wedges BBQ Sauce Ketchup SLOPPY JOE Hamburger Bun ^ Mixed Fruit Cup Salad Bar Selections Mixed Greens Salad Fresh Spinach Leaves Garden Green Peas Cucumber Coins Jicama Sticks Fresh Zucchini Coins Light French Dressing Choice of Milk ICE	SALISBURY STEAK W/ GRAVY Hamburger Bun ^ CHEESE PIZZA ^ Fresh Fruit Salad Bar Selections Mixed Greens Salad Carrot Sticks Jicama Sticks Cauliflower Florets Crunchy Celery Sticks Onions Light French Dressing Choice of Milk ICE
December 11, 2017	December 12, 2017	December 13, 2017	December 14, 2017	December 15, 2017
CHICKEN NUGGETS Potato Rounds Ketchup BBQ Sauce TURKEY BOLOGNA SANDWICH ^ Mayonnaise Pineapple Tidbits Salad Bar Selections Mixed Greens Salad Cauliflower Florets Carrot Sticks Diced Tomatoes Jicama Sticks Garbanzo Beans Crunchy Celery Sticks Pickle Chips Shredded Cheddar Cheese Light Ranch Dressing Choice of Milk ICE	HAMBURGER Ketchup Sriracha Ketchup SPICY CHICKEN FILLET BBQ Sauce Hamburger Bun ^ Cinnamon Applesauce Salad Bar Selections Mixed Greens Salad Broccoli Florets Fresh Grape Tomatoes Garbanzo Beans Green Pepper Slices Cauliflower Florets Light Ranch Dressing Choice of Milk ICE	PEPPERONI PIZZA ^ ROTINI BAKE ^ Breadstick ^ Fresh Fruit Salad Bar Selections Mixed Greens Salad Green Beans Carrot Sticks Red Peppers Crunchy Celery Sticks Cucumber Coins Light Ranch Dressing Choice of Milk ICE	HOLIDAY MEAL** CHICKEN ALFREDO ^ MEATLOAF PANINI ^ Fresh Fruit Chocolate Cookie Salad Bar Selections Mixed Greens Salad Diced Tomatoes Black Beans Buttered Corn Onions Jalapenos Light Ranch Dressing Choice of Milk ICE	*NEW ITEM* CHICKEN BEAN & CHEESE QUESADILLA Salsa RANCH TURKEY BURGER Hamburger Bun ^ Mayonnaise Ketchup Fresh Fruit Salad Bar Selections Mixed Greens Salad Fresh Spinach Leaves Carrot Sticks Fresh Grape Tomatoes Jicama Sticks Cucumber Coins Pickle Chips Light French Dressing Choice of Milk ICE
December 18, 2017	December 19, 2017	December 20, 2017	December 21, 2017	December 22, 2017
HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK
December 25, 2017	December 26, 2017	December 27, 2017	December 28, 2017	December 29, 2017
HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK

January 1, 2018	January 2, 2018	January 3, 2018	January 4, 2018	January 5, 2018

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

